

Loka लोकः
UNIVERSITY OF WISCONSIN-MADISON



Climate Justice and Community Resilience Summit
June 22, 2023



Loka's Vision:

Inner, Community, and Planetary Resilience are Interdependent. We cannot achieve any one of these without working on the other two.





MISSION: To support faith-led efforts locally and around the world through collaborations on capacity building, project design, and public outreach with faith leaders, culture keepers of indigenous traditions, and religious institutions working on environmental protection, sustainability, and climate change.

Loka's Activity Streams



CAPACITY BUILDING:

Convene, organize, and build networks that help communities of faith to design and build their own environmental and climate efforts

PUBLIC ENGAGEMENT & OUTREACH:

Engage, inspire, involve the public by bringing the forces of religion and science together on environmental and climate solutions

RESEARCH & RESOURCE DEVELOPMENT:

Lead interdisciplinary research and develop resources to address eco-anxiety, climate distress, and solastalgia





SCAN ME

Creation at the Crossroads



SACRED WISDOM, SACRED EARTH

CENTERING INDIGENOUS KNOWLEDGE FOR FUTURE
GENERATIONS

Loka Sacred Wisdom, Sacred Earth Day Two ... Watch later



Menpa Phuntsok Wangmo, Shangshung
Institute of Tibetan Medicine

Loka Sacred Wisdom, Sacred Earth Day Two ... Watch later



Jessica Hernandez, Author
Maya Ch'orti/ Zapotec



Maria Montejo, Teacher
Jakalteco/Popti



Chairman Mike Wiggins Jr,
Band River Tribe

“Indigenous resilience is rooting ourselves in the strength of our ancestors and reaching for the generations that will come in the future. It is ensuring that there is a path to bring all of our lost ones home.”

Elder Janice Rice,
Ho-Chunk Nation





SCAN ME

[Documentary](#)

BHUMISPARSHA

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HOW BUDDHISM AND ENVIRONMENTAL JUSTICE CONVERGE



LAMA ROD
OWENS



REPA JUSTIN
VON BUJDOSS



DEKILA
CHUNGYALPA

CENTER FOR HEALTHY MINDS
625 W WASHINGTON AVE
MADISON, WI 53703

07.09.23 | 1:30 PM

center for
healthyminds
UNIVERSITY OF WISCONSIN-MADISON



Tergar[®]

REGISTER TO
ATTEND
IN PERSON:



SCAN ME

REGISTER TO
ATTEND
VIRTUALLY:



SCAN ME

A lush green forest with a large rock in the center. The text is overlaid on the image.

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Resilience In The Anthropocene
The RITA Project

What Is the Anthropocene?



THINK - PAIR - SHARE



1. What is something you know about climate change?
1. How does that make you feel?

Eco-Anxiety, Climate Distress, Solastalgia, and more

Ecoanxiety = “the chronic fear of environmental cataclysm that comes from observing the seemingly irrevocable impact of climate change and the associated concern for one's future and that of next generations” (APA)

Climate Distress = “Pain for the world” (Joanna Macy), “ecological grief” (Ashlee Cunsulo), “existential distress” (psychosocial and palliative care)

Solastalgia = “the distress that is produced by environmental change impacting on people while they are directly connected to their home environment” (Glenn Albrecht)

What about other emotions?

THINK - PAIR - SHARE



3. What do you do with those emotions?

What Is Resilience?



PSYCHOLOGY: The process of adapting well in the face of trauma, tragedy, threats or significant sources of stress. Our ability to bounce back from adversity and it does not imply that we will be as we were.

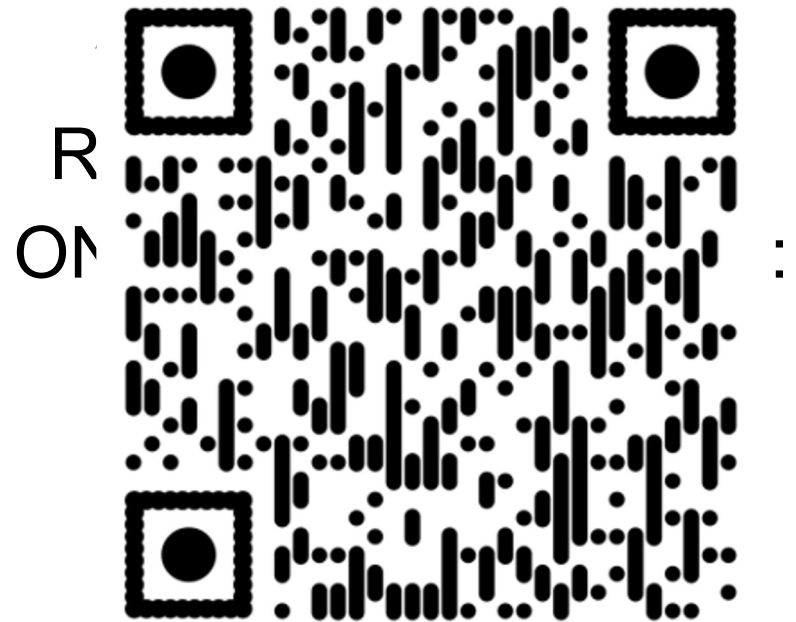
SOCIOLOGY: Human society's ability to adapt to changing circumstances so that we can survive with our most valued collective norms, behavior and knowledge systems intact.

ECOLOGY: The capacity of an ecosystem to respond to a disturbance by being able to resist damage and recover quickly.



Resilience In The Anthropocene

3 Days | 3 Keynotes | 9
panels | 3 Contemplative
Practices



Mindfulness - Gratitude

